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headway devon

headwaydevon.org.uk



Dear Friends and Supporters,

We have a lot to thank you for this year!

Thanks to the generosity of our supporters in 2009, we have been able to offer people with brain injuries a wide range of opportunities through our rehabilitation centres and one-to-one Outreach service.

Clients have enjoyed a variety of rehabilitative activities including drama therapy workshops, a trip to Plymouth Marine Aquarium, and arts and crafts sessions, as well as a client holiday and the children's activity week (see below).

None of this would have been possible without your support and donations so I would like to take this opportunity to thank you for your generosity.

Wishing you all a peaceful Christmas and a Happy New Year.

Anne Mattock, Chief Executive



Headway Devon Client Holiday 2009 — a week-long activity holiday for twenty adults with acquired brain injuries at the Calvert Trust on Exmoor. Clients met new people and took part in challenging outdoor activities including climbing, canoeing and horse riding. The holiday was generously supported with grants and donations.

Charity treats kids to Crealy great day



A great time was had by all: parents and children at Crealy near Exeter

A bowling trip, canoeing, and a visit to Crealy Adventure Park were among the attractions during this year's Children's Activity Week, which took place in August.

During the week children with brain injuries and their siblings were able to take part in a wide range of activities that they may not normally get the chance to do.

For parents and carers the week was a chance to experience a family day out without the normal stress of caring for a brain-injured child. Safe in the knowledge that their children were

being looked after by Headway Devon staff and volunteers, some parents took the opportunity to relax or go shopping.

Parents and carers also benefited from a day of massages, meditation and a creative felt-making workshop.

In the words of one of the mothers taking part: "The activity week is something we all really look forward to. The children love taking part and I get the chance to unwind."

The week culminated in a party for the children and their families.

Please support Headway Devon by starting a regular donation to help improve the lives of local people with brain injuries. For more details see the form on the back of this newsletter!

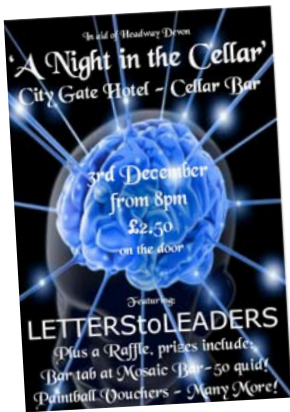
thanks to you...

Local groups and businesses

Alphington RBL Women's Section, Turner Locker, Select 25 (Exeter), Ladbrokes, William Hill, the Prince of Orange Pub, Torquay Athletic RFC, Lions Club of Babbacombe and St Marychurch (Torquay), the Wyndham Arms, the Wyndham Singers (Kentsisbeare), Entry to Employment (Honiton and Exmouth), Bradninch Festival, Three Tuns, The Silverton Inn, Lamb Inn (Silverton), Honiton Music Company, Lions Club of Honiton and District (Honiton), Dawlish Leisure Centre, Tiverton and District Lions Club, Wilcombe Stores (Tiverton) ... and many more!



Monthly quizzes at the Victoria Inn in Exeter have raised over £500 so far - next one early February



Coming soon - Sponsored cycling trips to Morocco to raise money for Headway Devon. If spending a week cycling in Morocco, seeing the sights in Marrakech and experiencing local customs sounds like an appealing way to raise money for local people with brain injuries then get in touch by calling 01392 211 822 or emailing jess@headwaydevon.org.uk. **Great West Run 2009** - Angela Fitzpatrick and Jonny Low (see picture to the right) ran for Headway Devon in 2009. Thanks to them for their support and congratulations on their times!



A Night in the Cellar - This fundraising event organised by our Exeter rehabilitation centre took place in early December and raised £264 for Headway Devon. Thanks to the City Gate Hotel for providing the venue and to local band Letters to Leaders for entertaining the crowds!

Help us continue to improve life after brain injury



I enclose a cheque for £ as a donation.

Name:
Date:
Signature:
Address:
 Postcode:
Telephone:
Email:

By supporting one of our centres with a regular gift, you will help to improve the lives of local people with brain injuries.

I want to start a monthly gift to Headway Devon. Please use my donation to support the centre in:

Exeter Exmouth Honiton Tiverton Okehampton Torquay

Please fill in your name and address above and supply your bank details below.

In certain circumstances we may spend your donation at a different centre if there is an urgent need there. If you would prefer to strictly limit your donation to the centre of your choice please tick here

Bank / Building Society

Bank's Address

Your account name Account number Sort code

Please pay to CAF Bank Ltd, 5 Kings Hill Avenue, West Malling, Kent ME19 4TA for the account of Headway Devon (a/c no. 00014704 s/c 405240):

Amount: On the: (day) (month) (year)

and the same amount each month/year until further notice

Signature: Print name: Date:

Please return this form to: Headway Devon,
1 Wrentham Place, Prospect Park, Exeter, Devon EX4 6NA

Tick here to Gift Aid your donation and any further donations made to Headway Devon